### **Ulster County Resource Recovery Agency**

Proudly serving Ulster County since 1986

999 Flatbush Road • Kingston, NY • (845) 336-0600 • WWW.UCRRA.ORG • @UCRRA

# **7R's to Rethink Waste**

Simple acts and creative thinking can greatly reduce the amount of waste we make. Be mindful of your consumption and your relationship with 'things'.



#### Refuse

**Don't consume what you don't need!** It's okay to say no to excess packaging and unnecessary plastic waste.



#### Reduce

**Small acts make a big difference!** Buy in bulk. Shop plastic-free at your local farmers' market. Make your own products! And try to avoid purchasing items whose packaging is not recyclable.



#### Reuse

**Bring your own** bottles, mugs, and shopping bags! Look for creative ways to reuse and upcycle unwanted items.



# Repair

Fix broken items before you toss them!
Visit a Repair Café for free! www.repaircafehv.org



# Regift

**Donate unwanted items** that are still in usable condition! Furniture, home goods, clothing, toys, books, and more can be donated to charitable organizations!



#### Recover

**Try home composting!** Recover energy from wasted food and make gardeners black gold!



# Recycle

**Know your program and follow recycling rules!** Contact your service provider or call 845-336-3336 (Recycling Hotline) for assistance.

#### **Bags & Film Plastics**

Plastic bags do not belong in the recycling bin. Recycle thin plastic films at a local grocery or retail store:

- Bread bags
- Newspaper bags
- Fresh produce bags
- Cereal bags
- Food storage bags
- Shrink wrap from paper products (paper towels, toilet paper, napkins, etc.)
- Bags must be clean, dry, & empty

New York banned single use bags in 2022! Visit **www.ucrra.org/about-us/laws/** to learn about local laws that reduce single use plastic waste.

#### **Fabrics & Textiles**

New Yorkers throw away 1.4 billion pounds of textiles every year! Donate and recycle fabrics and textiles at a clothing drop-off bin near you:

- All types of clothing
- All types of shoes & boots
- · Linens & bedding
- Towels & throw rugs
- Curtains & canvas cloths
- Bookbags, purses, & more
- Fabric must be odorless, dry, and free of blood stains or grease

Recycle fabrics regardless of condition. Items can be stained, ripped, missing buttons, broken zippers etc.

Find a clothing drop-off bin near you by visiting www.nysar3.org/textile\_recovery\_locations.php



### **Free Electronics Recycling**

**Saturdays Only • 8am-2pm** (Seasonal April-November) Ulster County Resource Recovery Agency 999 Flatbush Road • Kingston, NY 12401 (845) 336-0600 This program is open to residents, businesses with less than 50 employees, and nonprofit organizations with less than 75 employees.

**Accepting:** Audio-visual equipment, cables/wires/cords, cellphones, chargers, computers/monitors/printers, circuit boards or other intact computer parts, copiers/fax machines, televisions (all types), and more!

**Not Accepting:** Disassembled or cracked TV/computer screens, materials leaking/containing fluids, dry/wet cell batteries, CDs/DVDs/VHS, freon appliances, gas powered equipment, large or small appliances, lamps or lighting, smoke detectors, thermostats, yard/lawn equipment, medical devices, etc.



#### Find a Reuse & Repair Organization

Donating gently-used items reduces waste and helps our neighbors in need. Buying gently-used items is a great way to practice waste-sustainability!



Search our website for local places to donate/buy gently-used Books, DVDs, Vinyl Records, Furniture, Home Goods, Building Materials, and more!

www.ucrra.org/waste-recycling/find-a-reuse-organization

Refurbishing broken items reduces waste, stretches your dollar and teaches you new skills! Hudson Valley Repair Cafe offers FREE pop-up events to fix "broken but beloved" items.



Search for a repair shop or visit a Repair Café and fix your Bicycle, Clothing, Furniture, Clocks, Jewelry, and more for FREE!

www.ucrra.org/waste-recycling/find-a-repair-location

# Safe Disposal of SHARPS & Home Medical Needles

SHARPS include needles, syringes, lancets, etc.

Health Alliance — Marys Ave. Campus 105 Marys Ave., Kingston • 331-3131

Ellenville Regional Hospital
10 Healthy Way, Ellenville • 647-6400

New Paltz Center for Rehab and Nursing 1 Jansen Road, New Paltz • 255-0830

Hudson Valley Rehab/Extended 260 Vineyard Ave., Highland • 691-7201

Kingston Ambulatory Surgical Center 40 Hurley Ave., Kingston • 338-4777

Health Alliance Broadway Campus 396 Broadway, Kingston 331-3131 ext 2287

Northeast Center for Special Care 300 Grant Ave., Lake Katrine 336-3500 ext 3192

#### Safe Disposal of Medications

**Don't flush medications!** Contact your local police department for free, anonymous disposal of prescription, over the counter meds, vitamins, pet meds, medicated ointments, etc. Visit our website for a list of locations.

**Not Accepted**: Thermometers, liquids of any kind, inhalers, bloody or infectious waste, etc.



**Sold in bulk \$30 per ton** (1 Ton = 2 Cubic Yards)

**Grow Ulster Green!** 





