

2026 MCR Certification Course

This class schedule is for registered participants. All classes are held 4PM-6:30PM at the UCRRA Main Office, 999 Flatbush Road unless otherwise noted.

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| <p>Session 1 Mon. June 1st</p> | <p>MCR Orientation</p> | <ul style="list-style-type: none"> • Understanding the waste-climate connection • What happens to waste in Ulster County? • Intro to UCRRA History, Mission, Overview of Programs & Services • Intro to the Recycling Outreach Team • Volunteering with UCRRA |
| <p>Session 2 Weds. June 3rd</p> | <p>Recycle Right!</p> | <ul style="list-style-type: none"> • How to recycle in Ulster County • What happens at the UCRRA MRF? • What items can be recycled? • What is wishcycling? • Best practices for recycling (at Schools, Offices, Special Events, etc.) • Ulster County Mandatory Source Separation & Recycling Law |
| <p>Session 3 Fri. June 5th</p> | <p>Exploring the “7R’s” to Rethinking Our Waste</p> | <ul style="list-style-type: none"> • Exploring more of the “7 R’s” - refuse, reduce, reuse, repair, regift, refill, regulate! • What laws exist in Ulster County and New York State that regulate/restrict plastic and waste? • What are some low effort, high impact ways of refusing and reducing waste in our lives? • What opportunities exist to practice reusing, regifting, repairing, and refilling locally? |
| <p>Session 4 Mon. June 8th</p> | <p>Household Hazardous Waste & Eco Friendly Alternatives</p> | <ul style="list-style-type: none"> • What is Household Hazardous Waste? • Intro to UCRRA HHW Program • Intro to Paint Care NY • What are safer alternatives to HHW? • Eco-Friendly Home Demonstration |
| <p>Session 5 Weds. June 10th</p> | <p>Intro to Home Composting</p> | <ul style="list-style-type: none"> • Exploring the science of composting • What items can be composted? • Balancing browns & greens • Importance of air & moisture • Comparing compost bins & methods • Hands-On Composting Demonstration |



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| <p>Session 6 Fri. June 12th</p> | <p>Advanced Composting Topics</p> | <ul style="list-style-type: none"> • Indoor composting methods (Bokashi and Vermicomposting) • Local & State Composting Laws • How to compost in Ulster County • Industrial-scale composting at the UCRRA Organics Recovery Facility • Using Finished Compost & Soil Health |
| <p>Sat. June 13th 11:30 AM – 10:00 PM</p> | <p>Tour of Community Compost Co.</p> | <p>This is an optional field trip opportunity. RSVP required. See tour description for more details.</p> |
| <p>Session 7 Mon. June 15th</p> | <p>Leadership Seminar</p> | <ul style="list-style-type: none"> • Strategies for effective outreach and education • Strengthening communication & Learning • Teaching tips • Diversity, Equity, Inclusion |
| <p>Session 8 Weds. June 17th</p> <p>*VIRTUAL*</p> | <p>UCRRA Policies You Need to Know!</p> | <p>NOTE: THIS IS A VIRTUAL CLASS.</p> <ul style="list-style-type: none"> • Solid Waste Operations & Safety • What to do in an Emergency Situation • UCRRA Code of Ethics Policy • UCRRA Conflict of Interest Policy • UCRRA Violence in the Workplace Policy • UCRRA Sexual Harassment Policy |
| <p>Session 9 Mon. June 22nd 10AM- 12PM</p> | <p>Tour the UCRRA</p> | <ul style="list-style-type: none"> • MSW Tipping Floor • Organics Recovery Facility • Materials Recovery Facility • Compost Demonstration Garden |
| <p>Weds. June 24th 10:00 AM – 11:30 AM</p> | <p>Tour the County Waste MRF</p> | <p>This is an optional field trip opportunity. RSVP required. See tour description for more details.</p> |
| <p>Session 10 Fri. June 29th</p> | <p>Special Projects</p> | <ul style="list-style-type: none"> • See worksheet for more details. |